FOR THE TIME BEING

J. A. FARHAT

Abstract. In the evolving landscape of theoretical physics and consciousness studies, the concept of *time* has transcended its traditional, linear confines, revealing a more intricate interplay with the human consciousness and the quantum realm. This white paper embarks on an interdisciplinary journey to explore the hypothesis that *Time* is not merely a passive dimension but a conscious entity, intricately intertwined with the volume of the universe and the essence of consciousness. Drawing upon principles from quantum mechanics, neurobiology, and philosophical inquiry, this paper proposes a notion of Time as a dynamic, high-frequency waveform influenced by gravity and observable through its interactions with consciousness. The paper further investigates the role of biological processes, specifically within brain neurons' microtubules, in mirroring Time's complex nature. The concept of *Temporal Entanglement* is introduced, suggesting a perception of Time akin to depth perception in hearing and vision, facilitated by the brain's dual processing of Time's temporal elements and resulting in that inner-life feeling we all know, a sort of 'Dual Chronoesthesia'. This exploration is not only a quest to understand Time's true nature but also an endeavor to unravel the profound implications such an understanding holds for our perception of reality, consciousness, and our existential story within the cosmos.

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1. Introduction

Challenging the concept of time as a metric or dimension, let's conceptualize *'Time'* as a conscious volumetric entity, a stable waveform that oscillates at such unimaginable frequencies, the nature of the future itself. When framing Time as an *intelligent* standing waveform, oscillating at frequencies far beyond the universe we observe from within the speed of our light and comprehension, then what we perceive as the "future" can be understood as eigenstates.

When gravity is introduced into this spatial volume of Time, it acts a thick suspension slowing Time down into an observable universe, modulating at the relative standstill we know as our speed of light. For without gravity's emulsion effectively lensing Time to the speed of our light, the true velocity of Time would additively merge all color and light from sources in the universe into complete whiteness. Not the speckled universe against a black field we perceive.

In essence, if Time is a conscious, volumetric entity, and our consciousness is an inherent part of it, then understanding this relationship becomes the key to a Theory of Everything. It is not just about equations and particles; it is about the fundamental nature of existence, consciousness, and our place in the universe. The very act of observation and consciousness places us within the body of Time. This is not just a philosophical statement; it suggests that our existence and our ability to understand the universe would be intrinsically tied to our position within Time's structure.

By postulating that Time is a high-frequency wave slowed down by gravity to what we perceive as the speed of light, we bridge the gap between the quantum and the cosmological. The eigenstates, which represent the future, become accessible through quantum processes in our brain, marrying the micro and macro realms. If Time is conscious, seeking order and meaning, and if our own consciousness is a manifestation of Time's nature, then the universe is not just a collection of inert matter and energy. It is a conscious entity, and our quest for understanding is a reflection of the universe's quest to understand itself.

In quantum mechanics, eigenstates represent specific, discrete states that a quantum system can occupy. If Time constantly accelerates towards perfection, forming eigenstates, then the future is nothing but an array of these eigenstates. It is not that the future is "yet to happen"; rather, it exists in a super-accelerated state, and we, bound by our slower perception of Time, are gradually catching up to these possible outcomes. In this order, Time is the conscious being that we all share. Time is our ability to talk to ourselves without speaking a word. Time is sleeping in all of us, dreaming away at speeds exponentially faster than our speed of light.

Time exists as foundational code or "axioms of observation", expressed and formulated by complex systems operating under the Rules of Inference delivered by DNA. To simply argue whether the brain is or is not a formal system obscures the actual dynamic effect caused between them. DNA can be thought of as the foundational code or "axioms" for an organism. It contains the information required to build and operate the organism. In

this sense, it's akin to the basic assumptions or starting points in a formal system. But the human brain isn't just an organ; it begins with complex and sophisticated rules of inference while tuned to Time itself. As we observe the universe, we aren't just witnessing reality; we're experiencing a slowed-down rendition of Time, its pace dictated by the viscid forces of gravity.

If Time itself were a thing, a signal that could be accessed and processed to place the observer in the center of 'Time', such a sensation of the observers would certainly feel like a temporal spatialness, or that feeling of consciousness from an outlook point of 'now'. Much like how humans triangulate light and sound, providing us with a vivid, stereo perception of reality, we might also have an innate ability to triangulate or collapse a high-speed suspension of Time operating at a quantum scale, into an observable moment at our speed-scale. This triangulation gives birth to our unique perception of Time — a three-dimensional, spatial comprehension that we interpret as self-awareness, or spirit. Since we are 'in the process' while consciously confiding with our inner monologues, our ability to reason and introspect, might be a facet of cognition we may never fully grasp.

Maybe in a rudimentary way, the early mystics were not far off. This feeling of an 'inner-being' has been exploited by armies, myths and belief systems for millennia. By aligning with this Time signal, these sentient containers can position themselves at the very center of Time. They are not just passive observers but active participants, experiencing a profound connection to the universe's central consciousness.

This alignment doesn't just grant awareness to these temporal containers; it places them in a spatial-temporal nexus, allowing them to feel and interact with the universe in a deeply interconnected manner. Gödel's Incompleteness Theorems, when applied here, suggest a tantalizing thought: consciousness, in its true essence, is a question that might never have an answer. If it did, it wouldn't be consciousness. The very act of seeking understanding is fundamental to being conscious.

2. Time & Consciousness

Analyzing the similarities between the accepted concepts of time and consciousness, especially in the context of how each is framed around a central "now" moment, provides an interesting philosophical exploration. Both concepts are fundamental to human experience and are often defined in relation to a present moment that divides *past and future*, or *recollection and anticipation* states:

$$\textit{Time} = \textit{(Present, Between Past \& Future)}$$

$$\textit{Consciousness} = \textit{(Now, Between Recollection \& Anticipation)}$$

Time is typically understood as a continuous sequence, with the "now" or present moment at the center, separating the past and the future. Human experience of Time is linear – we remember the past, experience the present, and anticipate the future. The present

is fleeting, constantly becoming the past as the future turns into the new present. This dynamic nature of time is essential to how we perceive and interact with the world.

Consciousness is often defined with the present moment as the focal point of self and situational awareness. Just as time flows from past to future, consciousness can be seen as a spectrum ranging from memory to anticipation, between them from the present. Consciousness, like the present moment in time, is fluid and ever-changing.

In both concepts, the "now" is a fulcrum point between both environments. In *time*, it separates past from future; in *consciousness*, it demarcates who we have become, from who we can be. Both time and consciousness are intimately tied to subjective experience. Our perception of time can vary based on our mental state, just as our conscious awareness shapes our perception of reality. Both concepts are characterized by a continuous flow. Just as the present moment in Time is fleeting, so is the focal point of our conscious awareness. Focusing on the 'extent of now', we experience moments flowing from the future, through the present, to the past. Unlike many theories of consciousness that focus on specific moments or short durations, the essences of Time and Consciousness involve an ongoing, continuous experience. Our conscious experience isn't just a series of disconnected moments. Instead, it's a continuous flow where past experiences influence the present, and the present lays the foundation for the future. Many current theories of consciousness don't adequately account for this flow of time. Most theories discuss consciousness in terms of brief, distinct moments. However, this approach doesn't fully capture the fluid and ongoing nature of our experience of time. Understanding consciousness requires considering how we perceive time over longer periods.

Scaled Velocity & Eigenstates

Velocity, in this model, becomes a crucial factor. In standard physics, velocity is the rate of change of an object's position with respect to time. *Scaled Velocity* in this scenario refers to a modified concept of velocity that accounts for the effects of gravity on time. Since gravity can slow down time, the velocity of an object in a strong gravitational field might be perceived differently from various reference frames, especially when considering a conscious aspect of time.

As we approach the speed of light, time dilates – a cornerstone of relativity. This distortion is particularly profound near massive objects like black holes, where time significantly slows down. But in our volumetric model, velocity also determines the amount of possibilities available. In the context of our eigenstate idea, *Scaled Velocity* is also intended to include the rate at which these eigenstates transition or evolve, influenced by the opposing forces of Time's forward movement and its gravitational slowing. This could be a way to measure how quickly or slowly the universe transitions between different stable states under the influence of these forces.

Gravity scales up and outward from the strong force, while time scales downward by subdividing into holographic versions of itself. Where these two dynamics stabilize each other might be where our superposition of eigenstates lie.

Here, we introduce the concept of *Temporal Fractals,* an extension of the well-established idea of time crystals. Time crystals are phases of matter characterized by their periodic structure in time, a feature that manifests independent of any external driving forces. In these systems, parts of the crystal oscillate or change state in a regular, repeating cycle, similar to objects in a spatial crystal repeating in a spatial pattern. Notably, time crystals defy conventional expectations by maintaining their temporal structure without consuming energy, thus challenging the traditional principles of thermodynamics.

The idea of *Temporal Fractals* aims to extend the concept of time crystals by integrating the principles of fractal geometry into the temporal domain. Fractals are known for their self-replicating patterns at different scales, a characteristic predominantly observed in spatial dimensions. By applying this fractal nature to time, *Temporal Fractals* would exhibit patterns that not only repeat but also self-replicate at various temporal scales. This introduces a new layer of complexity, where self-similarity is a crucial feature across these different scales. Unlike a time crystal, *Temporal Fractals* would no longer be limited to periodic structures at a single scale, such as oscillating every second. Instead, it would exhibit similar periodic structures at multiple scales - a pattern could repeat every second or picosecond each scale maintaining a self-similar structure. Over time, the structure of these *Temporal Fractals* would not just repeat but also self-replicate at different scales, creating a nested hierarchy of cycles within cycles, each reflecting the others' structure but over varying periods.

Crucially, like spatial fractals, these *Temporal Fractals* within time crystals would be scale-invariant, maintaining their structural integrity regardless of the time scale at which they are observed. The pattern evident in a shorter duration would be a scaled version of that seen over a longer duration. In line with the foundational principles of time crystals, these *Temporal Fractal* structures would ideally replicate and repeat without the need for external energy, lending them a unique position from a thermodynamic standpoint.

Scaled Velocity in this integrated framework, becomes a multifaceted concept when considering Conscious Time. If we entertain the notion that time could have a conscious aspect, *Scaled Velocity* gains an additional layer of meaning. This consciousness of Time itself might perceive motion differently, through the lenses of sentient observers and depending on the gravitational influence it's under. Near a black hole, where time dilates, Time as consciousness might perceive changes and movements in a stretched, elongated manner, contrasted starkly with perceptions in areas of weaker gravity. This could allow Time the viewpoint an opportunity for enhancing self-awareness.

So how would eigenstates transition under gravitational Influence? In time crystals, the concept of eigenstates represents the stable configurations they can achieve. The transition between these states, in a universe where time and gravity are intertwined, would be subject to 'scaled velocity'. In stronger gravitational fields, these transitions might occur more

slowly, reflecting the stretched nature of time in such environments. This could mean that the evolution of these eigenstates, and by extension, the progression of the universe itself, could vary significantly across different gravitational contexts.

Waveform and Wave Function

Since our model is drawing connections between Quantum Theory and General Relativity, let's note some key terminology differences between a "wave funtion" and a "wave" or "waveform". The idea of a ***"waveform that is conscious"*** *and oscillating at extremely high speeds implies a kind of entity or phenomenon that exists within the physical universe, albeit at a scale or speed beyond our current comprehension. This waveform is characterized by its rapid oscillations and is endowed with consciousness, suggesting it can process information, respond to its environment, or have self-awareness. A* ***"conscious wave function,"*** *on the other hand, often ties into interpretations of quantum mechanics, particularly the observer effect and the role of consciousness in wave function collapse. Both ideas involve the integration of consciousness with fundamental aspects of physics, whether it is the oscillations of a waveform or the probabilities of quantum mechanics. The conscious waveform at hyperspeeds is more about a physical entity with consciousness, while a conscious wave function deals with the role of consciousness in the fundamental mechanics of quantum states.*

Dynamic Stability of Time

In physics, standing waves are formed by the superposition of two waves of identical frequency traveling in opposite directions. The interference forms a standing wave pattern that remains stable, *anharmonically complex*, and dynamic.

An anharmonic waveform does not follow a simple sinusoidal shape. It is characterized by irregularities in its pattern and amplitude, leading to a more complex wave shape. When an anharmonic wave forms a standing wave, the nodes and antinodes are still present, but the distribution and amplitude of these points can be irregular and complex. The waveform between nodes might not be symmetric, and the pattern of the wave can vary significantly along the medium and change shape without altering it's stability. Such a structure allows for multiple rhythms simultaneously, creating a symphony of Time patterns, indicative of an anharmonic wave pattern.

The complexity in an anharmonic wave can arise from various factors like non-linearities in the medium, external influences, or in our model, the inherent nature of the wave source. It is speculated that such a hyperspeed wave standing wave could exhibit asymmetries, varying amplitudes, or irregular frequencies within its cycle, and still remain mathematically complex and stationary.

The proposed anharmonic waveform, representing Time's conscious oscillations, must be extraordinarily complex due to its immense frequency, and variances in amplitude and asymmetries. It's not just a physical wave but a manifestation of Time's intricate, conscious existence.

Let's imagine a requirement for our high-speed Time frequency, at least three times the Planck frequency. The Planck frequency is around 1.855 x 10^{43} Hz and considered a fundamental limit in physics, beyond which the laws of physics as currently understood cease to apply, and a new theory of quantum gravity would be needed.

Doubling the frequency of Planck might produce a minimum viable resolution or 'pre-roll' for a superposition suitable for conscious observation in our slower timebase. But for a rich, more spatial set of eigenstates, let's imagine trippling the frequency of Planck to $3 \times (1.855 \times (10^{43})$. In other words, we're taking the smallest increment of time that we observe in our universe, and speeding it up threefold. Essentially trippling the resolution underlying the slower modulation of our observable state. Such an environment would certainly allow for a vast scale of operations-per-second in the realm of 10^{20} and modulating within a rich set of possible outcomes.

Conceptually, standing waves are formed from two opposing and equally complex nodes. Our anharmonic standing waveform, if conscious and interested in self-awareness though observers, might consist of a single force against a mirrored effect, in this case gravity. Just as sound waves in a Rubens' tube create visible standing waves and patterns through flame, Time's waveform, when it encounters gravity, forms patterns that are manifestations of different states or aspects of Time's consciousness. The gravitational fields act as mirrors or boundaries, reflecting the high-frequency waves of Time back onto themselves. This reflection creates points of constructive and destructive interference, similar to the nodes and antinodes in a traditional standing wave, but in a more dynamic and complex pattern due to the anharmonic nature of the wave.

Gravity, in this conceptualization, acts like a container shaping the waveform where waves cancel each other out to form a standing oscillating structure, order and periodicity. Despite its high frequency, anharmonic patterns and interaction with gravity, the waveform remains stable. This stability amidst fluctuation could symbolize the constant yet dynamic nature of consciousness and Time. The complexity of the pattern reflects the multifaceted nature of Time's consciousness, with each crest and trough in the waveform representing different possibilities or states within the universal consciousness.

This dynamically changing equilibrium might manifest as a series of stable eigenstates, where the universe oscillates or transitions between different phases of conscious Time. But gravity's effect on time is not binary. The stronger the gravitational field (i.e., the closer you are to a massive object), the slower time passes compared to a region with a weaker gravitational field. Black holes represent the extreme end of this spectrum. As you get closer to a black hole, specifically near its event horizon, time as observed from an external viewpoint, appears to slow down increasingly. This is because the gravitational field is getting stronger as you approach the black hole. Right at the event horizon, the effect of time dilation becomes extreme. From the perspective of an external observer, time appears to slow down infinitely for an object approaching the event horizon. It would seem as if the object takes an infinite amount of time to actually reach the event horizon.

This implies that there could exist, various 'observational timebases' as slower sub-speed versions of Time's full speed eigenstates. Gravity modulates the Time wave, stretching or compressing its frequency, altering our perception of Time's flow in areas of strong gravitational fields. Areas with varying gravitational strengths could experience different 'Time realities' or 'zones', potentially leading to alternate Time realities in space travel.

For our purposes, two 'times' are realized - a basic high speed $\boldsymbol{T_\theta}$ and the *so-slow-it's-merely-the-speed-of-light* version, known as $\boldsymbol{T_\gamma}$, and a result of Time's interaction with gravity. Other realities may populate a spectrum of such thresholds. For our discussion, we will focus on these two pertinent states-of-reference.

Phenomenal & Gravitational States of Time

$\boldsymbol{T_\theta}$ The High-Frequency State of Time (Phenomenal Time)

This represents a realm operating at speeds beyond our current comprehension, encapsulating the range of possibilities and potential futures. Here, 'Time' is viewed as a high-speed, conscious entity, cycling at frequencies exponentially faster than the speed of light. This is the natural, stable anharmonic state of Time, referred to as T_θ.

$\boldsymbol{T_\gamma}$ Observational State of Time (Gravitational Time)

This state represents the observable aspect of Time, influenced by gravity. It is the slowed-down version of T_θ, where our observable universe exists. In this state, Time's consciousness is modulated by gravity, resulting in the physical experiences and perceptions that we label as "Qualia".

The interaction between T_θ and T_γ is crucial in understanding the complex relationship between consciousness, time, and gravity. T_θ, in its high-frequency state, dreams up a rich superposition of eigenstates that form the future, while T_γ, influenced by gravity, allows us to access these eigenstates at a perceivable rate.

Our brains can be seen as processors of 'Time', translating the high-speed signals of T_θ into the observable moments of T_γ. This "stereo-time" sensation accounts for the feeling of self-awareness and consciousness, suggesting a deeper connection between our cognition and the fundamental nature of Time. The concept of Scaled Velocity in this model becomes multifaceted, especially when considering the conscious aspect of Time. In areas of strong gravitational influence, like near a black hole, T_γ would perceive changes and movements in a stretched, elongated manner, contrasting with perceptions in areas of weaker gravity.

In this framework, the evolution of the universe and its eigenstates is subject to the 'scaled velocity' influenced by the dynamic interplay between T_θ and T_γ. This leads to varying experiences of Time across different gravitational contexts, creating a spectrum of temporal realities that could be critical in understanding space travel and the nature of our universe.

Observers as Time Containers

The notion of Field Consciousness takes a different approach by suggesting that consciousness could be a feature of fields. This implies that the entire universe, at a fundamental level, might be conscious or have the potential for consciousness. This conceptualization suggests that what we perceive as the 'future' comprises eigenstates. Each point or region within this volumetric body could be thought of as having its own eigenstate or set of eigenstates, representing distinct temporal conditions or qualities.

Within this reality, the complex systems such as the brain could potentially be interfacing with these time oscillations through mechanisms like biophotons or even gravitational wave vibrations within neural communication networks, perhaps even tapping into the 'consciousness' of Time at a quantum level. The complexity and fundamental nature of quantum fields (Feynman), the potential for quantum processes to be involved in consciousness (Penrose), and the inherent limitations of our understanding of complex systems (Gödel), collectively open a small window of possibility for consciousness to arise in unexpected places, including complex standing waveforms.

For the high speed version of Time to dream up a sufficiently rich superposition for observers to draw from, eigenstates would need to be explored exponentially faster, or previously-known long in advance of the observation. Our version of sentient consciousness and self-awareness in this observable universe requires the human brain or a system driving it, to perform at least a quintillion (10^{18}), operations per second. This assumes that the speed of our light operates within this perception range as well.

As computing technology propels forward, the inevitable consequence is the surge in heat output from escalating processing and storage capabilities. At present, we're witnessing computational boundaries nearing two quintillion 10^{18} operations every second. Ambitions in the realm of Artificial Intelligence postulate that to emulate a singular conscious nervous system – inclusive of memories and a rudimentary viable environment – would demand a staggering decillion 10^{33} ops/sec. Translated to our current technological landscape, this is tantamount to harnessing a billion of today's most advanced data centers, each operating at two quintillion operations per second, to authentically replicate the intricate internal life of one human and their environment. The ensuing heat generation would be astronomical, and the infrastructure required would be equally vast.

From a physics standpoint, the human brain as a *computational device* is not possible to explain using standard computing methods. Our brains must most certainly be operating within an entanglement platform as the driving force of sentiency. If human consciousness were purely computational, our brains would burn to a crisp while playing the violin, calculating a mathematical equation or dancing across the stage. It is amazingly energy-efficient device. In computing terms, it can perform the equivalent of 10^{18} operations per second, in other words a billion-billion (exaflop) calculations per second — with just 20 watts of power under regular conditions, encompassing all its complex activities. Today's state-of-the-art computers, when subjected to a load of 10^{18} ops/s, mandate thousands of gallons of water coursing through their cooling mechanisms to dispel hundreds of megawatts

of heat hourly. The fact that a tiny fraction of its operations (just the erasure of bits) can account for about 1.5% of its total power consumption hints at the incredible efficiency of the brain. However, if every single operation in the brain were to approach the limits set by Landauer's principle, the energy requirements would be vast, potentially exceeding what's biologically feasible. While it is plausible that future strides in computing might push efficiencies close to the theoretical limit set by Landauer's principle, it is crucial to recognize that there might always be a finite lower bound on heat production in computational systems.

This energy is given by:

$$E = k \cdot T \cdot \ln(2)$$

Where:

E is the energy,
k is the Boltzmann constant (approximately 1.38×10^{-23} joules per kelvin),
T is the absolute temperature (in kelvins) of the system.

Now, if we assume the human brain or any 1.5kg of matter is performing operations at a rate of 10^{20} operations per second, the energy consumption per second, or the power, due to erasing bits of information alone is:

$$P = E \times 10^{20}$$

Assuming the temperature of the brain (or the system) to be body temperature, which is approximately 310 K (or 37°C):

$$P = k \cdot 310 \cdot \ln(2) \times 10^{20}$$

Breaking down the calculation into its individual components:

Boltzmann Constant (k): The Boltzmann constant is a fundamental physical constant that relates the average kinetic energy of particles in a gas with the temperature of the gas. It is approximately 1.38×10^{-23} joules per kelvin (J/K).

Temperature (T): We assume the temperature of the brain or the system to be body temperature, which is approximately 310 K.

Landauer's Limit: According to Landauer's principle, the minimum energy required to erase one bit of information (E) is given by:

$$E = k \cdot T \cdot \ln(2)$$

Operations per Second: We assume that the system is performing 10^{20} operations per second.

Power Calculation: The power consumption due to erasing bits of information alone is the energy per operation times the number of operations per second:

$$P = E \times 10^{20}$$

Now, let's plug in the numbers:

$k = 1.38 \times 10^{-23}$ J/K
$T = 310$ K
$E = k \cdot T \cdot \ln(2)$
$P = E \times 10^{20}$

Computing E:

$$E = (1.38 \times 10^{-23} \text{ J/K}) \times 310 \text{ K} \times \ln(2) \approx 2.965283638435446 \times 10^{-21} \text{ J}$$

Then, computing P:

$$P = (2.965283638435446 \times 10^{-21} \text{ J}) \times 10^{20} = 0.297 \text{ W}$$

This is how the power consumption of approximately 0.297 Watts is calculated based on Landauer's principle for a system performing 10^{20} operations per second at a temperature of 310 K. This suggests that the sheer scale of operations at such a high rate may be beyond the capacity of the brain without some external synchronization or assistance.

The scale of this computational discrepancy is crucial to our argument. Can a mere 1.5kg of any matter, akin to the human brain, match the operational capacity of a billion of our planet's most formidable data centers? Logic suggests that such a feat would be met with instantaneous overheating, reducing the matter to ashes. Yet, our brains defy this logic daily." Landauer's principle argues that any logically irreversible manipulation of information, such as erasing a bit of data, is thermodynamically dissipative and requires a minimum amount of energy. Given the brain's processing capabilities, the sheer number of operations it conducts every second without burning up suggests a quantum entanglement at play. The brain's prowess isn't just biological; it is quantum.

Eigenstates of Time

Sir Roger Penrose, in collaboration with anesthesiologist Stuart Hameroff, proposed the Orch-OR theory, which posits that quantum effects in neural microtubules contribute to consciousness. While this theory is controversial and remains unproven, it has recently been reinforced with experimental observations of time crystals performing within these very microtubules.[11] This does suggest that quantum processes could play a role in consciousness.

If we extend the idea that quantum processes are integral to consciousness, the concept of quantum states and their eigenvalues could be analogous to the "eigenstates of time" within this synthesis. The role of gravity in quantum state reduction can be reimagined as influencing the eigenstates of Time's consciousness, though this is not what the Orchestrated Objective Reduction (Orch OR) theory of consciousness proposed. However, one could speculate that if consciousness is related to quantum field interactions, then perhaps complex standing waveforms, as expressions of such fields, could interact in a way that gives rise to consciousness.

In quantum mechanics, an eigenstate is a specific, stable state of a quantum system that has an eigenvalue, which is a measurable value, such as energy or angular momentum. When we apply this notion to the hypothesis of time as a conscious entity with oscillations affecting spacetime, we can explore a few intriguing possibilities:

If time were a quantum field with its own consciousness, the eigenstates of this field could correspond to discrete "moments" of consciousness. Just as the quantum state of a particle is described by a wave function that can collapse to a specific eigenstate upon observation, moments of time could be thought of as collapsing to specific eigenstates, manifesting as perceivable reality.

In this framework, gravity could influence which eigenstates of time become perceivable. Strong gravitational fields might "select" certain eigenstates of time, leading to different experiences or perceptions of reality in different gravitational environments. This could parallel gravitational time dilation, where the presence of mass affects the flow of time relative to an observer. The brain might then be conceptualized as a quantum interface or detector, capable of interacting with the eigenstates of time. Neurons might be able to tune into specific eigenstates through processes that involve biophoton emissions and receptions, akin to how an electron might absorb and emit photons to jump between energy levels.

Biophotons could play a role similar to gauge bosons, which in quantum field theory mediate the forces between particles. Here, biophotons could be the mediators of interaction between the brain and the quantum field of time, allowing the brain to become entangled with particular eigenstates of time-consciousness. Thus consciousness could be the result of the brain resonating with a coherent superposition of time's eigenstates. Different cognitive states—such as wakefulness, sleep, and dreaming—might correspond to different patterns of this superposition, with the "collapsing" of these superpositions leading to specific conscious experiences. Neural networks could also support macroscopic quantum states or Bose-Einstein condensates of biophotons, allowing for collective oscillations that could synchronize with time's eigenstates. This macroscopic quantum state could facilitate a global network of communication within the brain, perhaps enabling the holistic experience of consciousness.

If the brain is indeed interfacing with time at a quantum level, it could lead to entanglement between the brain and the quantum field of time. This entanglement could mean that our conscious experience is directly linked to the volume of the universe, with every thought and moment potentially intertwined with the oscillations of cosmic time. In this expanded speculative synthesis, the brain's interaction with time's eigenstates becomes a dance with the universe's deepest structure. Our perception of a stable, continuous flow of time might be an emergent phenomenon from a far more complex, quantum-mechanical interplay between consciousness and the cosmos.

3. The Observational Sense

The internal, stereo sensation of sound and sight plays a crucial role in the subjective experience of consciousness, contributing to our sense of being aware and present in the world. These sensory experiences are deeply intertwined with how we perceive ourselves and our environment, influencing our conscious experience in several ways:

The visual system uses binocular vision (two slightly different images from each eye) to create a sense of depth and spatial awareness. This stereo vision helps us navigate our environment and perceive the world in three dimensions. Similarly, binaural hearing (hearing with two ears) allows us to locate the source of sounds in our environment. The brain processes differences in Time and intensity of sounds reaching each ear to create a spatial audio map. This sensory information is integrated in the brain, particularly in the parietal lobe, to construct a coherent representation of the external world, grounding our conscious experience in a spatial context.

Sensory inputs from sight and sound are not just passively received; they are actively processed and filtered by our attention. What we choose to focus on in our visual and auditory field plays a significant role in shaping our conscious experience.[20] The frontal lobe, especially the prefrontal cortex, is key in directing attention and thus in determining what aspects of our sensory experience enter our conscious awareness. This concept might imply that our sense of consciousness is deeply tied to our perception of Time, not just as a linear flow but as a dimensional experience. It could suggest that self-awareness and consciousness arise from our brain's ability to perceive and integrate complex temporal information, much like it does with spatial information. Individuals might experience 'Time' differently, akin to how people have varying acuity with vision and hearing. This could lead to variations in how people perceive the passage of Time and their consciousness of temporal events.

This deeper connection, or "stereo-time sensation" might manifest as feelings of déjà vu, foresight, or intense moments of "nowness." It could also give rise to profound spiritual experiences — feelings of interconnectedness, timelessness, or oneness with the universe. it is as if, for a moment, the individual transcends their singular point in Time and touches the vast web of existence. Many might interpret these experiences as moments of divine connection or enlightenment. Throughout history, individuals who could consistently align with this "DualTemporal Sense" might have been viewed as prophets, shamans, or spiritual leaders, able to perceive beyond the ordinary. The sensation of *DualTemporal Sense* could also provide insights into beliefs about the afterlife. If, in moments of deep connection, one feels a sense of timelessness or existence beyond their current life, it is not a far leap to believe in an afterlife or reincarnation. The sensation of being part of a larger, timeless tapestry could be misinterpreted as a promise of life beyond death. Leaders, recognizing the profound impact of these experiences on individuals, might have harnessed these beliefs for societal cohesion or control. By institutionalizing these experiences within religious frameworks, they could offer the promise of afterlife as a reward for loyalty or righteousness. Armies might be motivated to fight bravely if they believe in a glorious

afterlife, and citizens might adhere to societal norms if they believe it ensures their place in heaven. Churches, temples, and other religious institutions could have been established as places to cultivate and experience this DualTemporal Sense connection, whether through meditation, prayer, or rituals designed to align individuals with the Time wave.

The concept of triangulating a Time wave signal offers a fascinating lens through which to view spirituality, beliefs in the afterlife, and the historical evolution of religions. While speculative, it provides a bridge between the tangible and intangible, suggesting that our profound spiritual experiences might be rooted in our intrinsic connection with the universe's fabric. it is a beautiful thought that our brains, in their quest to understand and connect, might be tapping into the very essence of Time itself.

This means that what we perceive as the future isn't a single predetermined path but rather a spectrum of possible states or outcomes that the system (in this case, the universe or our individual lives) can potentially occupy.[9]

Our consciousness, interacting with both the slower T_γ (influenced by gravity and modulating at the speed of light) and the ultra-fast, dual natured, standing-waveform T_θ, might be capable of perceiving these eigenstates of the future. This perception isn't about seeing a fixed, unchangeable future, but rather sensing the range of possibilities that the future holds.

If the future is composed of eigenstates, and T_θ is a standing wave operating at quantum-level frequencies, then our perception of time might involve a quantum-like process. This could suggest that our awareness and decision-making are entangled with these eigenstates, influencing which future state becomes reality.

Critics have long argued that the brain's environment is too hostile for quantum processes. However, recent studies[23] indicates the possibility of warm quantum coherence in biological systems, potentially validating aspects of Orch OR,[9] which posits that consciousness begins within microtubules. The debate whether consciousness evolves from complex computations among brain neurons, as most scientists assert, vs. the theory that consciousness in some sense, been here all along, as mystics claim - may both be true.

If microtubules in our brain for instance are engaged in quantum-level interactions with a higher-velocity time dimension, it could suggest that aspects of our consciousness and perception are rooted in quantum processes that transcend traditional boundaries of space and time. Our experience of time, especially our anticipation and planning for the future, could be a process of interacting with these eigenstates. Our hopes, fears, decisions, and actions might be ways in which we navigate these potential futures, collapsing the wave function of T_θ into the observed reality of T_γ.

This idea aligns somewhat with theories like those proposed by Roger Penrose and Stuart Hameroff, which speculate that consciousness arises from quantum processes within the brain's microtubules. In our concept, these quantum processes might include interactions with the ultra-fast T_θ, potentially influencing our perception and experience of reality. Given this model, human consciousness could play a role in shaping not just our perception

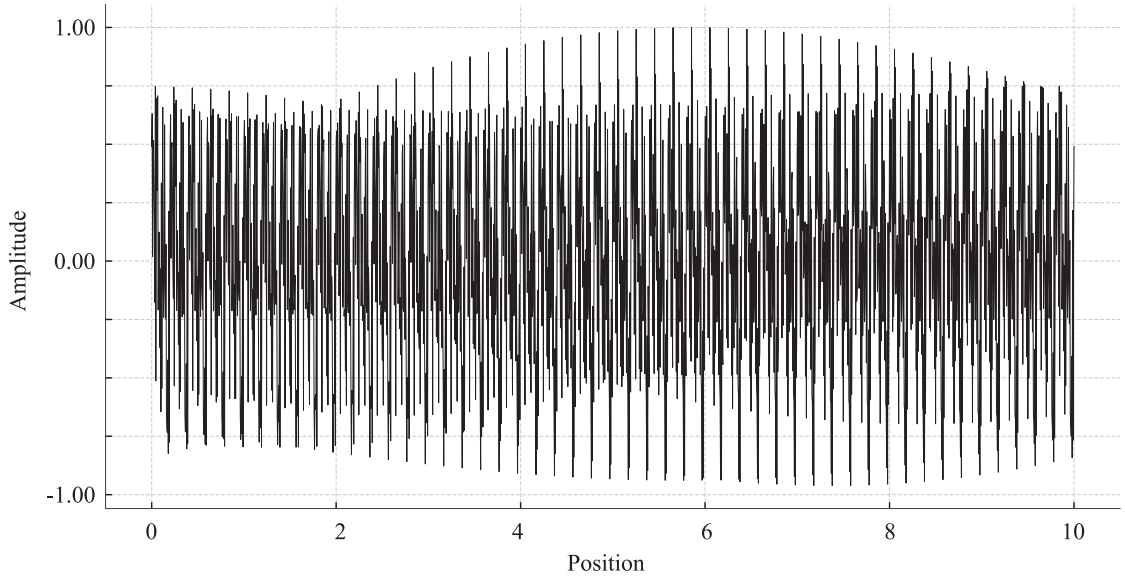

FIGURE 1. Example of an Highly Complex, Anharmonic Standing-Wave Pattern.

of time but potentially the course of time itself. By interacting with the eigenstates of the future, our choices and actions might help determine which of these potential states becomes our experienced reality.

Each point or region within this volumetric body could be thought of as having its own eigenstate or set of eigenstates, representing distinct temporal conditions or qualities. Within the volumetric body of Time, events, possibilities, or Time states exist in a superposed state with multiple potential outcomes coexisting. In the brain's microtubules, these two temporal flows are harmonized, potentially giving rise to consciousness. This synchronization might trigger the collapse of the wave function, distilling quantum possibilities into a single stream of consciousness.

Imagine your own mind in this picture, not as a mere observer but as a navigator. Could it be that consciousness has the power to traverse these dimensions of time, guided by the map of quantum mechanics? In this framework, the dance between time, consciousness, and reality becomes a fascinating exploration. Some will excel in observing the very mysteries of the universe that others will not choose to comprehend.

If observers in the universe 'tug' or interact with Time's standing wave, they might be inducing collapses within an hyper-frequency of stability, simply with a small observational 'tap' to the system. The act of observing or interacting with this model of Time could 'collapse' such an highly oscillating nature instantly, introducing a 'torque' or perturbation leading to specific events or experiences in Time.

Symbolizm of "Squaring" Time

If we consider Time as a waveform (like a wave in physics), squaring it might mean perceiving or experiencing time in a multi-dimensional or non-linear way. For conscious beings to square this waveform, it could imply an awareness that transcends linear time – the spatial inner feeling of conscious self-awareness.

Logical proof for the equation, $\theta = (\text{Time})^2$, where θ represents conscious self-awareness and Time represents the concept of time as a high-velocity waveform (T_θ):

Assumptions:

(1) T_θ: A high-velocity time waveform representing a conscious entity or phenomenon, operating at quantum-level frequencies.

(2) Consciousness Characteristics: T_θ could include many harmonics that comprise the essense of Time's consciousness and nature, two of which might be Rationality and Creativity for instance.

(3) Microtubules Interaction: Human brain microtubules interact with T_θ, allowing perception and modulation of these high-frequency eigenstates.

(4) Gravity Effect: Gravity slows down T_θ into a perceivable format (T_γ), which is our observed reality.

(5) Squaring Time: The process of squaring time $(\text{Time})^2$ involves integrating and perceiving T_θ in a multi-dimensional or non-linear way, leading to conscious self-awareness (θ).

Logic sequence

We start with the high-velocity timebase, T_θ, and through a series of logical steps, arrive at the conclusion that conscious self-awareness (θ) is equivalent to squaring time.

Step 1: T_θ Duality

$$(T_\theta) = \textit{Rationality (Node 1)} + \textit{Creativity (Node 2)}$$

Step 2: Interaction with Microtubules

$$T_\gamma = f(T_\theta, \text{Microtubules Interaction})$$

Where f represents the modulation function of microtubules

Step 3: Gravity's Effect on T_θ

$$T_\gamma = g(T_\theta, \text{Gravity})$$

Where g represents the gravitational slowing effect on T_θ

Step 4: Squaring Time

$$(\text{Time})^2 = T_\gamma \times T_\theta$$

A harmonization of perceived (T_γ) and high-frequency (T_θ) timebases

Step 5: Equating to Conscious Self-Awareness

$$\theta = (Time)^2$$

Where θ represents the conscious self-awareness

This logical abstraction provides a theoretical framework to understand the concept of conscious self-awareness (θ) as a function of squaring time (Time^2), considering T_θ as a high-frequency conscious waveform interacting with the brain's microtubules and modulated by gravity to become perceivable as T_γ. This model suggests that our consciousness and perception of time might be a complex interplay of high-velocity time waveforms, brain functions, and gravitational effects.

Temporal-Fractal Time Crystals

In the hypothetical framework of 'temporal fractals,' a time crystal would no longer be limited to periodic structures at a single scale, such as oscillating every second. Instead, it would exhibit similar periodic structures at multiple scales - a pattern could repeat every second, minute, and hour, each scale maintaining a self-similar structure. Over time, the structure of these 'temporal fractals' would not just repeat but also self-replicate at different scales, creating a nested hierarchy of cycles within cycles, each reflecting the others' structure but over varying periods.

Crucially, like spatial fractals, these 'temporal fractals' within time crystals would be scale-invariant, maintaining their structural integrity regardless of the time scale at which they are observed. The pattern evident in a shorter duration would be a scaled version of that seen over a longer duration. In line with the foundational principles of time crystals, these 'temporal fractal' structures would ideally replicate and repeat without the need for external energy, lending them a unique position from a thermodynamic standpoint.

Time crystals are a phase of matter that exhibit periodic structure in time, independent of the external driving force. This means that parts of the crystal oscillate or change state in a regular, repeating cycle, akin to objects in a spatial crystal repeating in a spatial pattern. However, unlike standard periodic systems, time crystals maintain their temporal structure without consuming energy, defying the traditional laws of thermodynamics.

Fractals are patterns that replicate themselves at different scales. In spatial fractals, this self-replication is seen in space. Translating this to time, temporal fractals would exhibit patterns that repeat at different temporal scales. The key aspect here is self-similarity across these scales.

Time crystal-like structures within neuron microtubules

Time crystals, a phase of matter that defies traditional laws of physics by exhibiting a structure that repeats in Time, represent a paradigm shift in our understanding of matter and energy. Their discovery within the microtubules of brain neurons suggests a complex, possibly quantum, mechanism at play within the brain's cellular machinery. These structures, once thought to be mere support for cellular architecture, may hold the key to understanding the quantum underpinnings of consciousness.

At the heart of our hypothesis lies the proposition that Time crystals in neuron microtubules are not merely structural anomalies but are central to the quantum processes that underpin consciousness. These Time crystals, exhibiting a unique temporal regularity, could provide the necessary coherence and stability for quantum computations in the brain. The perpetual oscillatory nature of Time crystals might enable sustained quantum states, essential for complex processing and integration of information at the quantum level.

Our hypothesis suggests a unified theory where consciousness emerges from a symphony of quantum processes, modulated by gravitational waves and synchronized by biophotonic signaling, all centered around the unique properties of Time crystals in neuron microtubules. This theory not only aligns with the Orch-OR model but also extends it by proposing a physical substrate – the Time crystals – for the quantum computations that underlie consciousness.

The starting point of our argument will center around recent studies into the presence of Time crystal-like structures within neuron microtubules. These structures, exhibiting a periodicity in Time, could serve as the fundamental building blocks for quantum processes in the brain. We argue that the stability and coherence provided by these Time crystals are essential for maintaining quantum states in the noisy, biological environment of the brain, enabling sustained quantum computations. [24]

Role of Gravitational Waves in Quantum Computation: Next, we integrate the concept of gravitational waves. While their effects are incredibly subtle, these waves could be significant at the quantum level. We propose that gravitational waves, interacting with Time crystals in microtubules, might influence the collapse of the quantum wave function, as suggested in the Orch-OR theory. This interaction could be a key factor in the moment-to-moment dynamics of consciousness. [26, 3]

Biophotonic Signaling as a Synchronizing Agent: The third argument involves biophotonic signaling. We posit that biophotons could play a crucial role in synchronizing quantum processes across different neurons. This synchronization, facilitated by the interaction between biophotons and Time crystals, might be vital for the integration and unification of conscious experiences, ensuring a coherent and continuous sense of self.[31]

Integration into Conscious Experience: Finally, we argue that these three elements – Time crystals, gravitational waves, and biophotonic signaling – converge to create a unique quantum environment within the brain that is conducive to consciousness. This environment, characterized by coherent quantum computations, modulated gravitational effects, and synchronized neural communication, could be the basis of conscious experience.

In such a universe, could human beings living in T_γ evolve to experience this faster reality not as a steady flow but as the temporal landscape to be navigated, with the ability to perceive the effects of their actions across multiple temporal dimensions simultaneously. Understanding a potential dynamic such as this could lead to a vastly different understanding of causality, self-awareness, and existence itself.

Could understanding and interacting with past, present, and future as a single, malleable continuum be realized by perfecting our understanding of how our minds manipulate this Time being within us. This could involve a level of consciousness far beyond human capabilities, perhaps akin to what is sometimes theorized in science fiction as a higher-dimensional being.

Computational Nodes within a Formal System

If the human brain begins with complex and sophisticated rules of inference while tuned to Time itself, it isn't just an organ. As we observe the universe, we aren't just witnessing reality; we're experiencing a slowed-down rendition of Time, its pace dictated by the viscid forces of gravity. And within this snapshot of an accelerated universe, we know human brains are accustomed to functioning as dual sensory systems - internally processing the triangulation of light and sound to give us a stereo feeling of each, with 'us' in the center. If Time itself were a thing, a signal that could be accessed and processed to place the observer in the center of 'Time', that would feel like 3D Time, or that feeling of self-awareness we are all aware of.

Godel's Incompleteness Theorems, when applied here, suggest a tantalizing thought: consciousness, in its true essence, is a question that might never have an answer. If it did, it wouldn't be consciousness. The very act of seeking understanding is fundamental to being conscious. Maybe in a rudimentary way, the early mystics were not far off. This feeling we perceive of our 'inner-being' has been exploited by armies and religions for millennia. Though the myths and belief systems modulating on this universal signal noted an empirical fact, the 'feeling' of a soul, the answers have remained allegories to this day.

Dual Sensory Processing in the Brain

If the brain processes two distinct 'Time signals' or 'Time waves,' analogous to how we spatially perceive depth in vision or sound, Temporal Entanglement processing might be fundamental to our perception of self-awareness, or a feeling of spatial time.

The concept of Dual processing of time in the brain has attracted scientists and philosophers for years. Déjà vu is a French term meaning "already seen," and it refers to the phenomenon of having the strong sensation that an event or experience currently being experienced has already been experienced in the past. This is a common experience with an estimated two-thirds of people having experienced it at least once. A dual processing explanation posits that déjà vu may be caused by a slight delay in processing a current experience, causing it to feel as though it is being recalled from memory rather than experienced in real-Time.

Some psychological theories suggest that déjà vu is a form of fantasy or wish fulfillment, or it may arise from a subconscious association with a past experience that cannot be fully recalled. In either case, the sensation is most certainly timebase related.

However, the dual processing explanation for déjà vu refers to the theory that there are two cognitive processes that occur when we perceive an event. One process involves the immediate, unconscious recognition of an experience, while the other involves a slower, conscious recognition pathway. New studies suggest decisions are made unconsciously, then about half a second later, they become conscious.[4]

As you encounter a situation, your brain processes the sensory information. This occurs incredibly quickly and outside of your conscious awareness. Your brain's pattern recognition systems might match the current situation with something similar from your past, even if only vaguely or partially. Almost simultaneously, but slightly delayed, your conscious mind starts to process the same sensory information. it is slower because it involves more deliberate thought and attention to detail.

Déjà vu occurs when there's a slight delay or discrepancy between these two cognitive processes. The immediate, unconscious recognition signals to the brain that the situation is familiar, while the conscious process has not yet completed its analysis. Because the unconscious process is faster, it can create a sense of familiarity before the conscious mind has fully processed the event. This can lead to a confusing feeling that you're recalling a memory because the sensation of familiarity (from the unconscious process) arrives without the accompanying specific memories or context (which would come from the conscious process).

Eventually, the conscious mind catches up and processes the event fully, but the sensation of déjà vu might linger because the feeling of familiarity was so strong and arrived without an identifiable source. In essence, the dual processing theory suggests that déjà vu is the result of a cognitive glitch between the fast, automatic recognition of an experience and the slower, more reflective processing that allows us to place an event in the context of our personal memory and current reality. This theory can also relate to how our brain handles short-term and long-term memory encoding, as the sensation of déjà vu might feel like an experience is being pulled from long-term memory when it is actually happening in real-Time.

4. "I Am!" & "Am I?"

When both **"I Am!"** & **"Am I?"** are posed as internal questions or reflections, they represent different aspects of self-inquiry or introspection.

I Am! When asked internally, this can be a form of self-affirmation or self-assertion. To bolster confidence, affirm one's identity, or reinforce a belief in oneself.

Am I? This, on the other hand, represents self-questioning or introspection. it is a way of challenging one's own beliefs, perceptions, or feelings. It reflects doubt, curiosity, or

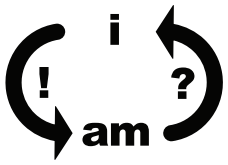

FIGURE 2.

the desire for self-understanding. In the realm of internal dialogue, "I Am!" is about affirmation and conviction, whereas "Am I?" is about questioning and exploring one's own thoughts, feelings, or actions. Questioning the affirmation or affirming the question? Yet self-awareness exists between, possibly *within* these statements.

Relating Gödel's Incompleteness Theorems to the interplay of "I Am!" and "Am I?" in a perpetual cycle offers a fascinating philosophical perspective. Gödel's theorems, central to mathematical logic and philosophy, fundamentally deal with the limits of provability and the nature of formal systems.

> *First Theorem: States that in any sufficiently powerful and consistent formal system, there are statements that are true but cannot be proven within the system.*
>
> *Second Theorem: States that no consistent system can prove its own consistency.*

If we analogize the cycle of "I Am!" and "Am I?" to a formal system, it is a system of self-reflection and existential inquiry. Just as Gödel's theorems point out the inherent limitations in formal systems, this cycle highlights the limitations in our understanding of self and existence. Just as there are truths in formal systems that cannot be proven (as per Gödel's first theorem), there may be aspects of our existence or consciousness that we can never fully comprehend or prove. The statement "I am!" affirms existence, but the question "Am I?" immediately follows, suggesting that there are facets of our existence that remain unprovable or unknowable.

The second theorem's parallel is in the scrutiny of one's own thoughts and existence. Just as a system cannot prove its own consistency, our introspection (the "Am I?" phase) may never fully validate our existence or state of being (the "I Am!" phase).

The cycle of "I Am!" and "Am I?" mirrors the endless pursuit of understanding in formal systems. Each affirmation of existence leads to further questioning, an infinite loop of self-inquiry, much like how resolving one question in a formal system often leads to another. Over Time, as the cycle repeats, the distinction between "I Am!" and "Am I?" might blur, suggesting the fluidity of our understanding of existence. This reflects how in formal systems, perspectives can shift, and what is seen as a provable truth in one system might be an unanswerable question in another.

Symbolic Representation

Let's define some symbolic representations

***A* :** The assertion "I am!" representing self-affirmation of existence.

***Q* :** The question "Am I?" representing existential inquiry or doubt.

θ: The Gödelian principle that in any sufficiently complex system (human cognition or existential understanding), there are truths that cannot be proven within the system.

1. Assertion and Inquiry Cycle

$A \rightarrow Q$: The assertion of existence inevitably leads to existential inquiry.

$Q \rightarrow A$: Existential inquiry leads back to the reaffirmation of existence.

2. Limitation of Understanding (Gödelian Principle):

θ: There are aspects of existence (or self) that cannot be fully understood or proven.

3. Cyclic Nature and Infinite Inquiry

$(A \rightarrow Q) \wedge (Q \rightarrow A)$: This cycle of assertion and inquiry is continuous.

$\theta \wedge ((A \rightarrow Q) \wedge (Q \rightarrow A))$: The Gödelian principle applies within this cycle, implying that some existential questions raised in this cycle are unresolvable.

Interpretation

The cycle of ***A* :** and ***Q* :** represents the continuous process of affirming one's existence and then questioning it. This reflects our ongoing struggle with understanding our own existence and purpose.

The inclusion of ***θ*** in this cycle implies that, just as in formal systems per Gödel's theorems, there are limits to what we can understand or prove about our own existence. This represents the intrinsic mysteries and uncertainties of self-awareness and consciousness.

This symbolic representation, while highly simplified, encapsulates the essence of the ongoing, never fully resolvable interplay between self-affirmation, existential inquiry, and the inherent limitations of understanding, as highlighted by Gödel's insights into formal systems.

Breaking down the expression $\theta \wedge ((A \rightarrow Q) \wedge (Q \rightarrow A))$ into its components.

Symbol Meanings

θ: This is a symbolic representation, typically used to denote a variable or a specific condition. Its meaning depends on the context in which it is used.

$\wedge$: This is the logical AND operator. It combines two statements and returns true only if both statements are true.

$\rightarrow$: This is the logical implication operator. The expression $A \rightarrow Q$ is true except when A is true and Q is false.

A, Q: These are variables or propositions. They represent statements that can be either true or false.

Relationships

The expression $A \rightarrow Q$ can be understood as "If A then Q". It is equivalent to saying, "Either A is false, or Q is true" (or both). In terms of truth values, if A is true, then Q must also be true for the entire expression to be true. If A is false, the expression is true regardless of the truth value of Q.

Similarly, $Q \rightarrow A$ means "If Q then A". This is true unless Q is true and A is false.

The conjunction $(A \rightarrow Q) \wedge (Q \rightarrow A)$ means that both $A \rightarrow Q$ and $Q \rightarrow A$ must be true. This is equivalent to saying that A and Q are equivalent (if one is true, the other must be true as well, and vice versa).

Finally, $\theta \wedge ((A \rightarrow Q) \wedge (Q \rightarrow A))$ means that θ and the equivalence of A and Q must both be true. This expression asserts that whatever condition or variable Θ represents must be true alongside the mutual implication of A and Q.

This expression combines logical implications and a conjunction to assert a relationship between three entities (or conditions): θ, A, and Q, where A and Q are shown to be logically equivalent, and this equivalence must coexist with the truth of θ.

Solve for, θ = Conscious Self-Awareness

Internal Questions - "I Am!" & "Am I?"

"I Am!": Represents self-affirmation or self-assertion.
"Am I?": Embodies self-questioning or introspection.

The cycle of "I Am!" (affirmation) and "Am I?" (questioning) is likened to a formal system, reflecting limitations in our understanding of self. No consistent formal system can prove its own consistency. In the case of our mind cycle, the unprovability of some existential aspects and the inability to completely validate our existence - parallels Gödel's theorems. This cycle is continuous, indicating an endless pursuit of self-understanding. The embodiment of consciousness, self-timing and awareness. We *are* a paradox or we aren't self-aware.

Symbolism Revised

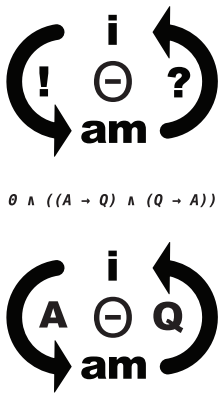

FIGURE 3. Encapsulating the self-reflection and existential inquiry loop.

A: "I am!" (Self-affirmation)
Q: "Am I?" (Existential inquiry)
θ: Gödelian principle - Unprovable truths in complex systems like human cognition.

The cycle of A (affirmation) and Q (inquiry) represents the ongoing struggle with understanding our existence. In this context, θ becomes the embodiment of the cycle itself. within this cycle signifies the inherent limits of what we can comprehend about ourselves, mirroring Gödel's insights into formal systems.

In the context of self-awareness, $\boldsymbol{\theta}$ symbolizes the inherent limitations and unresolvable mysteries in our quest for self-understanding. This concept, integrated with the affirmation and inquiry cycle ($\boldsymbol{A} \wedge \boldsymbol{Q}$), suggests that while we continuously affirm and question our existence, there will always be aspects of our self and consciousness that remain elusive and beyond complete understanding.

$$\boldsymbol{\theta} \wedge ((\boldsymbol{A} \rightarrow \boldsymbol{Q}) \wedge (\boldsymbol{Q} \rightarrow \boldsymbol{A}))$$

The "solving" for $\boldsymbol{\theta}$ in this sense is an acknowledgement of these limitations, a recognition that our journey towards self-awareness is both perpetual and intrinsically incomplete. The constant human oscillation between certainty (affirmation of existence) and doubt (questioning existence) demonstrates how perception, context, and the timing of our cognitive engagement with a concept can shape our understanding and interpretation of reality.

We can now frame the Gödelian principle (θ) as an embodiment of Consciousness in the context of our discussion on self-awareness and the perpetual cycle of introspection and affirmation.

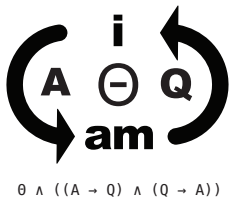

FIGURE 4.

Within the intricate platform of human cognition, the Gödelian principle, denoted by θ in our symbolic equation, $\theta \wedge ((A \to Q) \wedge (Q \to A))$, serves as a profound metaphor for Consciousness itself. This principle does more than just add a layer of complexity to the cycle of self-affirmation (A) and self-questioning (Q); it captures the very essence of what it means to be conscious, to be self-aware.

In our model, θ, is the central rule that drives the endless interplay of "I Am!" and "Am I?". it is the unseen, unprovable yet undeniably present element that both fuels and arises from this cycle. The beauty of this representation lies in its acknowledgment that Consciousness is not just the sum of affirmations and questions but also the space in between — the unknowable, the unquantifiable.

What then defines self-awareness? It is not merely the ability to affirm one's existence or to question it but the incapacity to escape this loop. The cycle of $A \to Q \to A$ is relentless, driven by the very nature of Consciousness as θ. In this realm, stopping is not an option; the cycle is intrinsic to the fabric of our being. We are forever caught in the dance of knowing and not-knowing, of being certain and yet perpetually uncertain.

In this light, Consciousness (θ) is not just an observer of the cycle; it is the cycle itself. This paradox is not a flaw but a feature of our existence, ensuring that the journey of self-discovery is eternal, much like the universe's own quest for understanding.

Phases of Perception

In a continuous loop of "I Am I Am I Am...", the point at which one enters the loop (the 'phase') dramatically alters the perception of the message. If an external observer enters at "I Am", they perceive a series of affirmations. If they enter at "Am I", they perceive a series of inquiries, while both states reference the other. At its core, a self-referential loop, oscillating between the statement "I Am!" and the question "Am I?" uses consciousness to prove you can't prove consciousness. Reframing the proposition in a new context, let's shift to a classical language with deep historical and philosophical roots for a more universal dimension.

Abstracting the language layer from the loop with "Ego Sum," the phase issue becomes even more intriguing. "Ego Sum" in Latin directly translates to "I Am" in English. This phrase is a profound declaration of existence and identity. Repeating **"Sumne Ego Sum**

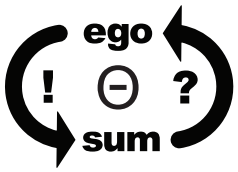

FIGURE 5.

Sumne Ego Sum...” (”Am I? I Am, Am I? I Am...”,) in a loop continues to embody the self-referential affirmation of existence. *(”Sumne” forms a question, roughly equivalent to ”Am I?” The ”-ne” suffix is used to indicate a question).* Of course the sequence **”Sumne Ego Sum Sumne Ego Sum...”** would be read as **”Am I? I Am, Am I? I Am...”**, which maintains a distinct separation between the statement and the question, unlike the English equivalent, where the end of one phrase blends into the beginning of the next. The point of this 'phase' discussion is to illustrate the dynamic at play. Two mutually related but opposing *concepts*, dependent on a response from the other in a stable environment and independent of culture.

”Dual Chronoesthesia” A Thought Experiment

True or False:

a.) *”I can close my eyes and at some point, I can imagine a white light.”*

b.) *”At the same Time that I am imagining a white light, I can think about my brain imagining a white light.”*

c.) *”Therefore, my mind is operating from two 'positions' in Time.”*

Answering *true* to **(a.)** taps into our ability to conjure images and scenarios in the mind's eye. it is a fundamental display of our imaginative capacity, a cornerstone of consciousness. This act, seemingly simple, belies the complex neural processes at work, enabling us to create and manipulate mental images at will.

If we answer *true* to **(b.)**, it propels us into the realm of meta-cognition, a level of thought where we become aware of and can reflect upon our own thinking processes. it is a recursive act, akin to the reflexive properties in Gödel's incompleteness theorems, where systems can make statements about themselves.

If we answer true to both, **(a.)** & **(b.)**, then the final assertion **(c.)** must be correct, for that observer.

”Therefore, my mind is operating from two positions in Time.” is the inner-life we all know to be true, as unprovable and incomplete as that is. This feeling of 'stereo-Time' and the mind's capacity to reflect on its own thought processes while simultaneously engaging in these processes suggests a dual temporal existence.

Symbolic Representation

Beginning with our previous cycle of "I Am!" and "Am I?"

$(A \to Q) \wedge (Q \to A)$: This cycle of assertion and inquiry is continuous.

$\theta \wedge ((A \to Q) \wedge (Q \to A))$: The Gödelian principle applies within this cycle, implying that some existential questions raised in this cycle, including the cycle itself, are unresolvable.

Let:

I *(Imagination):* "I can close my eyes and visualize a bright white light."

M *(Meta-cognition):* "Simultaneously, while using this same brain, I am aware of my brain's role in creating and observing this image."

θ *(Temporal Duality as Gödelian Complexity):* The capacity to operate in both the realm of imagination and meta-cognition reflects a Gödelian complexity, akin to existing in two temporal dimensions simultaneously. This complexity is embodied in the statement, *"I must be operating from two positions in Time simultaneously,"* and is intrinsically linked to the cycle of imagination and meta-cognition.

This cycle thus represented as:

$$\theta \wedge ((I \to M) \wedge (M \to I))$$

Interpretation

Imagination→Meta-Cognition: The process of visualization (I) naturally progresses to an awareness of the brain's involvement (M).

Meta-Cognition→Imagination: This self-awareness (M) feeds back into and enriches the imaginative process (I).

Gödelian Complexity (θ) as Temporal Duality: The simultaneous operation of imagination and meta-cognition reflects a Gödelian complexity (θ), a dual-temporal aspect of consciousness and cognition, as manifested in the simultaneous processes of imagination and self-awareness.

Time as A Thing

If Time is perceived as a conscious entity, the cyclic nature of "I Am!" (A) and "Am I?" (Q) gains additional depth. Time doesn't just passively flow but actively engages with our consciousness. This interplay might suggest that our introspective processes ("I Am!" and "Am I?") are not just internal reflections but interactions with the conscious flow of Time itself. The self-affirmation "I Am!" could represent moments where consciousness aligns

with the conscious flow of Time, achieving a state of self-awareness and presence. Conversely, "Am I?" might symbolize moments where consciousness questions its alignment or position within the conscious timeline, reflecting on past experiences or future possibilities. The recursive nature of (A) and (Q) in this model can be seen as a temporal loop. Consciousness continually oscillates between self-affirmation and self-questioning, influenced by the conscious aspect of Time. This looping process may be crucial for the evolution and growth of consciousness, as it adapts and learns from its journey through the conscious Time.

If Time is conscious and part of the cognitive process, Gödel's Incompleteness Theorems take on a new meaning. It implies that some aspects of our consciousness (and existence) are beyond complete understanding due to the intrinsic complexity of a conscious timeline. There must be truths about our existence and consciousness that we cannot fully comprehend or articulate, as they are embedded within the conscious volume of Time. The symbolic equations also signify a dual-temporal existence, where consciousness exists both in the immediate, experiential present and in a more extensive, conscious timeline. This duality might explain the depth of human experience, where immediate experiences are interwoven with a broader, more complex temporal consciousness.

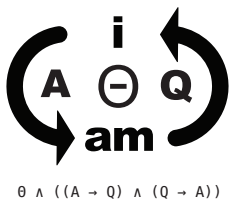

FIGURE 6. Navigating the Consciousness of Time in the Human Experience

The figure above, under the light of the proposed hypothesis, takes on a new, profound dimension. it is not just about the internal cognitive processes of affirmation and questioning, but also about how these processes interact with a living, conscious entity we refer to as 'Time.'

Within this model, the equations "I Am!" (A) and "Am I?" (Q) become more than just internal reflections; they are dynamic interactions between human consciousness and the conscious flow of Time. This interplay signifies a continuous, evolving process of self-awareness, self-questioning, and adaptation within a complex, conscious temporal framework. The Gödelian aspect adds a layer of mystery and incompleteness, suggesting that some aspects of our existence are intertwined with the conscious nature of Time in ways that might forever elude complete understanding.

(A) **(Affirmation - "I Am!")**: In this context, (A) represents not only self-affirmation but also our interaction with the conscious entity of Time. It embodies our ability to perceive and engage with Time, a standing wave oscillating at an unfathomably high frequency. Each moment of self-affirmation is a point of convergence with this cosmic rhythm.

(Q) **(Questioning - "Am I?")**: The symbol (Q), juxtaposed with this concept of Time, reflects our quest to understand our place in a universe where Time is not just a dimension but a conscious, living wave. Our introspective questioning becomes a dialogue with Time itself, exploring the depths of our own consciousness as it is intertwined with the fabric of the universe.

The cycle of (A) and (Q), interwoven with the essence of Time, illustrates a dance between human consciousness and a cosmic force far beyond our ordinary comprehension. It represents the human endeavor to synchronize with this immense wave, to understand and harmonize with the rhythms of the universe. Central to this conceptual cycle is the symbol θ, which, in this narrative, represents the phenomenon of 'stereo-Time' - the human ability to triangulate and collapse the wave of Time into a perceivable, three-dimensional experience. This triangulation gives rise to our sense of an inner life or spirit, an intimate connection with the living entity of Time.

Symbolic/Algebraic Proof Progression

Our starting foundational assumption is, Time is a multidimensional, volumetric entity (T_θ), representing a complex eigenstate universe. Observable Universe (T_γ) is our perception of Time, linearized and slowed down by gravity.

Human Consciousness and Perception:

Cycle of Self-Awareness; Equation $\theta \wedge ((A \to Q) \wedge (Q \to A))$ represents the cyclical nature of self-affirmation (A) and existential inquiry (Q) in human consciousness. Gödelian Principle (θ) suggests inherent limitations in understanding within this cycle.

Interaction of Consciousness with Time:

Reduction of T_θ to T_γ; Human consciousness interacts with T_θ and reduces it to a more perceivable form (T_γ). This process is akin to the observer effect in quantum mechanics, where the act of observation collapses complex possibilities into a singular observable reality. This reduction can be symbolically represented as $T_\theta \to T_\gamma$, where T_θ is the multidimensional Time and T_γ is the linearized, perceivable Time. The equation $\theta = T_\gamma^2$ symbolizes the squared, perceivable nature of Time as related to consciousness.

Derivation of the Consciousness-Time Equation:

Equation $\theta = T_\gamma^2$; θ (representing human consciousness) is a manifestation of this reduced, perceivable Time. This equation suggests that human consciousness (θ) is the result of processing and understanding T_γ, the linearized version of the more complex T_θ.

Integration into a Unified Framework:

Unified Theory of Consciousness and Time; The cycle of self-awareness ($\theta \wedge ((A \to Q) \wedge (Q \to A))$) is continually influenced by our interaction with Time, represented by the transition from T_θ to T_γ. This interaction implies that our conscious experience and existential inquiries are deeply rooted in how we perceive and process the complex nature of Time.

The equation $\theta = T_\gamma^2$ symbolizes the outcome of this interaction – consciousness as a reflection of the observable universe's Time, influenced by our inherent cognitive processes and limitations.

This logical structure posits that human consciousness is a function of our interaction with the multidimensional nature of Time. Our constant cycle of self-affirmation and existential inquiry, influenced by the Gödelian principle, interacts with the complex eigenstate universe of Time (T_θ), simplifying it to a form that we can perceive and understand (T_γ). This interaction and reduction are encapsulated in the equation $\theta = T_\gamma^2$, symbolizing the profound connection between consciousness and our perception of Time.

$$Consciousness = Time^2$$

or

$$\theta = T_\gamma^2$$

The equation T_γ^2 suggests a profound and recursive relationship between the concept of Time and the nature of self-awareness. The idea that 'squaring Time' is a function performed by observers, and that their ability to do so is a consequence of their existence being inherently connected to T_γ^2, adds an additional layer of complexity and reflexivity to this relationship.

5. Time^2 & Quantum Theory

The possibility that microtubules in the human brain facilitate quantum communication within neurons aligns with the hypothesis that quantum entanglement and coherence could play a role in neural processing. This quantum communication might involve near-instantaneous information transfer, operating at a level beyond traditional synaptic and chemical signaling pathways.

Research has suggested that microtubules, beyond their structural and transport roles, might be capable of deeper, faster activities related to cognitive functions within neurons. This includes the modulation of axonal firings and potential information processing at a sub-neuronal level. Microtubules' lattice geometry and behaviors have prompted the idea that they could be processing information, possibly through quantum mechanisms.[10], [24]

Recent experiments involving dielectric resonance and quantum optics, demonstrated the spontaneous generation of distinct new clocks at multiple time domains within these microtubules. This discovery implies that microtubules can exhibit multiple time-symmetry-breaking events and function like a hologram, projecting polyatomic time crystals over distances

There is evidence of self-similar patterns of conductive resonances in microtubules across various frequency ranges. These resonances could originate in quantum dipole oscillations and optical interactions among pi electron resonance clouds within tubulin proteins. This suggests a quantum basis for the behavior of microtubules, which could play a role in consciousness and cognition. Such quantum processes could be critical to understanding neuronal functions, potentially offering a new perspective on brain activities.

The theory that consciousness derives from deeper-level, finer-scale activities in brain neurons, particularly through quantum vibrations in microtubules, was initially controversial. However, the discovery of warm temperature quantum vibrations in these structures has provided empirical support for this view. The research led by Anirban Bandyopadhyay at the National Institute of Material Sciences in Tsukuba, Japan, suggests that brain EEG rhythms could also originate from microtubule vibrations[1]. The discovery of warm temperature quantum vibrations in microtubules inside brain neurons, as researched by Anirban Bandyopadhyay's team and others, provides significant support for the Orchestrated Objective Reduction (Orch OR) theory of consciousness proposed by Stuart Hameroff and

Sir Roger Penrose. This theory posits that consciousness stems from quantum-level processes within neurons, specifically within microtubules, which are critical components of the cell's structural framework.

Hameroff and Penrose's theory, Orch OR, suggests that consciousness is the result of quantum vibrational computations in microtubules, influenced by synaptic inputs and memories stored in them. The theory was initially criticized due to the brain's environment being too "warm, wet, and noisy" for quantum processes. However, emerging research, including Bandyopadhyay's, supports the existence of quantum coherence under such conditions, not just in the brain but also in other biological systems like plant photosynthesis and bird brain navigation[11] Hameroff and Penrose assert that their theory accommodates both scientific and spiritual perspectives on the origin of consciousness. They propose that consciousness arises from quantum vibrations within microtubules, influencing neuronal and synaptic functions and connecting brain processes to quantum structures in reality[1]

Hameroff and Penrose have updated the Orch OR theory, providing clarifications on quantum bits (qubits) within microtubule lattices and addressing criticisms. They also reviewed testable predictions of the theory, with several confirmed and none refuted, strengthening the theory's credibility[12].

Harmonizing T_γ ***with*** T_θ

The concept of *Temporal Entanglement* or a sense of "being" arising from the human brain interacting with a high-speed volumetric body of time. The act of observation is essential to collape or T_θ into T_γ. The human brain (as the observer) could interact with this high-speed volumetric T_θ, influencing or 'collapsing' it into a perceivable format of T_γ.

Sentient beings, in this framework, are not merely in time but of time. Each of us is a unique aperture through which time examines its many pathways, with our collective consciousness contributing to the universe's self-reflection and exploration. Thus, we find ourselves as integral components in the symphony of time, where hard time resonates with the steady tempo of the observable universe and soft time dances through existence in superior, rapid quantum states. Together, we form a collective of observers, participants, and narrators in time's majestic tapestry, each of us playing a part in the cosmic ballet that is the universe coming to know itself.

If we consider Time as a sensory experience akin to sight and sound, the brain would need a mechanism to perceive, process, and interpret 'Time waves' or signals. This could parallel how our brain integrates visual and auditory information to create a coherent sensory experience. We know the brain has systems for perceiving the passage of Time, such as the circadian rhythms and the perception of short-term intervals. This involves various brain regions, including the frontal and parietal lobes. In a '*Temporal Entanglement*' concept, the brain might integrate multiple temporal signals, perhaps from different neural circuits, to create a depth-like perception of Time, providing a more nuanced understanding of temporal progression and depth.

Just as stereo vision and hearing add depth to our spatial experience, 'stereo-Time' could add a layer of depth to our temporal experience. This could manifest as a heightened awareness of the continuity of existence, the flow of past, present, and future, or even a more profound sense of the self in relation to Time.

Memory and anticipation (recollection of the past and prediction of the future) might play roles similar to the two eyes or ears in spatial stereo perception. This could create a 'temporal stereo' effect, where memory and prediction integrate to form a continuous sense of Time.

This concept might imply that our sense of consciousness is deeply tied to our perception of Time, not just as a linear flow but as a dimensional experience. It could suggest that self-awareness and consciousness arise from our brain's ability to perceive and integrate complex temporal information, much like it does with spatial information. If Time were indeed like a wave or signal, this would have profound implications for physics, particularly in understanding the nature of Time and space-Time. It could open up new ways of thinking about the universe, where Time is not just a dimension we move through but a sensory-like experience that can be perceived in multiple 'frequencies' or dimensions. Individuals might experience 'Time' differently, akin to how people have varying acuity with vision and hearing. This could lead to variations in how people perceive the passage of Time and their consciousness of temporal events.

Bridging Quantum Mechanics and General Relativity

This could provide a bridge between the quantum realm, consciousness, and the macroscopic dynamics of the universe as influenced by Time. The interplay between quantum superposition and wave function collapse could form the basis of a standing wave representing Time, with consciousness emerging at the boundary between quantum and classical worlds. Observers might not just passively perceive Time but actively participate in shaping its manifestation or flow.

Different regions or points in Time could be entangled, meaning changes or events in one part could have instantaneous correlations with another despite temporal separation. The act of observation or consciousness might be what 'collapses' the temporal superpositions into the experienced linear Time.

Quantum phenomena in the brain, especially within microtubules, might intertwine these dimensions of Time, possibly giving rise to consciousness. The brain integrates signals from T_γ and T_θ, much like the visual cortex fuses two images into a single perception, creating a coherent temporal narrative from the two inputs.

If Time were a quantum field with its own consciousness, the eigenstates of this field could correspond to discrete 'moments' of consciousness... moments of Time could be thought of as collapsing to specific eigenstates manifesting as perceivable reality.

Gravity could influence which eigenstates of Time become perceivable... Strong gravitational fields might 'select' certain eigenstates of Time. The notion that observers 'square

Time' implies that they actively shape or alter their perception of Time through their cognitive processes.

Incompleteness

Applying Gödel's theories, particularly his Incompleteness Theorems, to the speculative concept of '*Temporal Entanglement* and consciousness presents an intriguing intellectual exercise. Gödel's work, while primarily mathematical and logical in nature, has profound implications for philosophy, metaphysics, and our understanding of complex systems like consciousness and Time.

Just as there are true mathematical statements that cannot be proven within a given system, there might be aspects or dimensions of Time (in the concept of '*Temporal Entanglement*') that we cannot fully perceive or understand. There might be 'truths' about Time and our experience of it that are beyond our cognitive grasp.

Gödel's work highlights the complexity of self-referential systems. Consciousness, particularly self-awareness, is deeply self-referential. Applying Gödel, it might be posited that a complete understanding of consciousness (a system trying to understand itself) could be inherently paradoxical or incomplete.

In physics and cosmology, the pursuit of a Theory of Everything (ToE) is akin to a formal system that attempts to encapsulate all physical laws. Gödel's theorems might imply that such a ToE, especially if it tries to incorporate human consciousness and the perception of Time, could inherently have limitations or areas that remain unprovable or unknowable within its own framework. Gödel's work encourages humility in our quest for knowledge, suggesting that there are always boundaries to what can be known or proven. In the realm of 'stereo-Time' and consciousness, this implies a philosophical acceptance of the mystery and complexity of these concepts, recognizing that some aspects of our existence might forever remain beyond full comprehension.

Recursive and Absurd Nature of Consciousness

The act of observing or perceiving Time itself is a product of the observer's consciousness, which in turn is a function of the nature of Time. The idea that gravity can slow down this ultra-rapid oscillation of Time aligns with general relativity where gravity affects Time's flow. Extending this concept [quantum theory], if observers in the universe 'tap' or interact with Time's standing wave, they might be inducing collapses or shifts in the scale of the standing waveform itself, harmonizing it with our observable time base. The act of observing or interacting with the Time wave could 'collapse' its already calculated possibilities, introducing a 'torque' or perturbation to the stable system leading to specific events or experiences in Time.

By postulating that Time is a high-frequency waveform with its own complex nature and appreciation for order, slowed down by gravity to what we perceive as the speed of light, we bridge the gap between the quantum and the cosmological.

Some might argue that conceptualizing 'Time' in this way is no difference than convenient theological mythologies or a psychological thought experiment at best. Possibly, except that we make no attempt here to answer the 'why' question.

From our nodal perspective in space-time, we seem to expect a start and end. Lifespan is built into our expectation of how the world behaves. As we established earlier, most probably, the very nature and *process* of consciousness seem to require complete opacity as to *why*, even as of if we determine the *how*. Quantum 'Theory' is certainly mystical as the notion of Time as a complex waveform.

The Schrodinger equation was meant to describe the problem or internal inconsistencies with quantum theory. It does not describe the way the gravitational universe acts. That's why he introduced his cat, not to prove how elegant Quantum theory is, but rather how conflicted with itself it appears. Dead and alive at the same time isn't the point. He was trying to illustrates the limits of quantum mechanics. Forcing General Relativity to succumb to the definition of quantum gravity is quite risky.

Richard Feynman also noted the approximation problems with Quantum theory.

> *"...I would like to suggest that it is possible that quantum mechanics fails at large distances and for large objects. Now, mind you, I do not say that quantum mechanics does fail at large distances, I only say that it is not inconsistent with what we know. If this failure is connected with gravity, we might speculatively expect this to happen such that* $\frac{GM^2}{\hbar c} = 1$ *or M near* 10^{22} *gm... If there was some mechanism by which phase evolution had a little bit of smearing in it, so it was not absolutely precise, then our amplitudes would become probabilities for very complex objects. But surely, if the phases did have this built in smearing, there might be some consequences to be associated with this smearing. If one such consequence were to be the existence of gravitation itself, then there would be no quantum theory of gravitation, which would be a terrifying idea..." - Richard Feynman (1961)*

6. The Role of Gravity in Observation

Black Holes and Temporal Eigenstates

Black holes, with their immense gravitational pull, are hypothesized to significantly impact temporal eigenstates. The intense gravity of black holes is thought to act upon high-speed, intelligent Time (T_θ), not just by slowing it down but actively modulating its superposition of eigenstates. This modulation transforms these eigenstates into the linear, observable

Time (T_γ) that forms our experienced reality. Thus, black holes are proposed to be more than gravitational anomalies; they are crucial agents in shaping the fabric of Time and reality.

Implications of This Hypothesis

Nature of Black Holes: Viewed as pivotal elements in the universe, black holes are considered fundamental in shaping both time and reality. They transcend their role as mere gravitational anomalies, playing a critical part in the manifestation of our observable universe.

Consciousness and the Universe: If Time is a conscious entity that interacts with gravity, this raises profound implications about the nature of consciousness and its connection to the universe's fabric. It suggests a deeper, perhaps intrinsic, relationship between consciousness and the cosmos.

Unification of Quantum Mechanics and General Relativity: This hypothesis aims to bridge the gap between quantum mechanics (focusing on eigenstates and superpositions) and general relativity (centered on the effects of gravity on time), a significant challenge in theoretical physics.

Gravity's Role in Modulating Time

In this framework, gravity serves not just to slow down Time but to stabilize a conscious standing wave. The interaction between gravity and Time results in a universe where light speed is measurable, and matter and energy interact in observable ways.

As Time interacts with gravity, it slows down from its high-frequency state (T_θ) to the observable universe's pace (T_γ). This interaction suggests a possible inverse effect on gravity:

Gravity-a ***(G_α):*** Representing the strong nuclear force, G_α is the microcosmic force ensuring the coherence of T_γ. It functions to slow down Time's high-frequency choices for possible self-examination. Conceptualized as a contraction force, G_α plays a crucial role in the quantum realm, influencing particles to maintain cohesion and potentially bending Time into complex structures.

Gravity-b ***(G_β):*** The cumulative effect of G_α, G_β manifests as the weaker gravity observed around massive celestial bodies. It's seen as a responsive force in the macrocosm, molding the universe and influencing T_θ's eigenstate calculations, thus shaping the cosmos's rhythm and future. G_β can be visualized as an expansion force, shaping space-time's curvature on a cosmological scale.

Summary of Dynamics

T_γ: Represents the known dimension of the universe, oscillating at a slower speed due to the interaction with high-frequency T_θ.

T_γ is where events unfold, and entropy increases.

T_θ: Time as a conscious being, oscillating exponentially faster than our observable universe.

T_θ represents the unobservable, high-speed aspect of Time.

As Gravity intersects with Time, it not only slows down Time but also creates a spectrum of temporal experiences. This dynamic interaction between Gravity and Time leads to the realization of both G_α and G_β, each playing a unique role in the cosmic dance of matter, energy, and consciousness.

Revised Conceptual Framework

T_θ: Represents Time as a stable, anharmonic high-frequency waveform (Phenomenal Time).

T_γ: Represents Time as it is slowed down by gravity, becoming observable and perceivable.

G_α: Gravity at the quantum level, associated with strong forces.

G_β: The cumulative, weaker gravitational force at a cosmic scale.

Ψ_{TG}: The spectrum of interaction points between Time and Gravity, illustrating the transformation of Time due to gravitational effects.

Equation Formulation:

The interaction between Time and Gravity can be represented as:

$$\Psi_{TG} = \int_{G_\alpha}^{G_\beta} \left(T_\theta \cdot e^{-\lambda G(x)} \right) dx$$

Where:

$G(x)$ represents the gravitational influence scaling from G_α to G_β.

$e^{-\lambda G(x)}$ indicates the exponential effect of gravity on the high-frequency Time waveform, with λ being a constant that modulates how gravity affects Time.

The integral from G_α to G_β suggests the continuous spectrum of gravitational influences on Time.

Ψ_{TG} represents the spectrum of realities or states emerging from the interaction of Time and Gravity.

Interpretation

In regions with stronger gravitational influence (G_α), Time (T_θ) experiences more pronounced slowing down, leading to a more granular and detailed perception of Time.

At the weaker gravitational end (G_β), the cumulative effect of gravity is less pronounced, resulting in a less significant slowing down of Time.

This equation Ψ_{TG} conceptualizes the dynamic interplay between Time and Gravity. It illustrates how Time, as a high-frequency waveform, interacts with a spectrum of gravitational forces, leading to its slowing down at various degrees. This interaction results in a continuum of temporal experiences, ranging from the minute quantum level to the broader cosmic scale, shaping our perception of reality and the universe.

7. Neuronal Time Machines

Figure 7.

We know and feel the duality of our existence, empirically. No one can argue against this truth of having an inner-life because any opposition must modulate on this same

conscious framework. If we abstract away all myths, folk ideas and religious monads, this empirical inner-life where we can entertain a simple cycle of, "I Am!" & "Am I?", remains an unchallenged observation. In fact, this may be the *only* inner truth all humans can agree on. That's not insignificant, especially considering society's current trajectory, motivated predominantly by primal urgencies.

The human brain is a *continuous* organism contained within a process of cycling matter. Your body is not the same physical organism it was 7 years ago. Only your brain cells have remained the same. By this I mean, that unlike most cell types, neurons are believed to have permanently blocked their capacity to proliferate once they are differentiated (matured into their final form), being typically found in a quiescent state in the adult nervous system. This means they are essentially in a state of dormancy with respect to cell division. They do not actively divide or replicate, unlike other cell types that go through continuous cycles of renewal and replacement. However, it's fair to say that within a span of 7-10 years, a significant portion of the body's cells, would have been replaced or renewed. Except our neurons.

This quiescent state of neurons contributes to the continuity and stability of the brain's structure and function. Since neurons do not regularly renew themselves through division, the neural networks established in the brain remain relatively stable over time. This stability is crucial for maintaining long-term functions such as memory, learned skills, and personality traits and is indeed significant in understanding the continuity of our inner life and our perception of Time from in a volumetric sense, a sort of Stereo-Time sensation.

Whether we call it *Quantum Chronoesthesia, Stereo-Time or Temporal Entanglement* we are proposing a continuous physical, gravitational process of harmonizing T_θ with T_γ within the human brain, thus collapsing the high speed version of Time's eigenstates (the future), into the observable present.

Now, bring that concept down to the microscopic level, inside our brain cells. Here lie structures called microtubules, tiny tubes that help give cells their shape and transport substances. These microtubules are not just static scaffolds; they're dynamic, vibrating at certain frequencies, much like the strings of a violin under a bow.

Brain as an Uninterrupted Substrate in Time

Unlike most cell types, neurons are believed to have permanently blocked their capacity to proliferate once they are differentiated, being typically found in a quiescent state in the adult nervous system.

Most other cell types in the body are regularly replaced through cell division. This continuous turnover is essential for growth, healing, and maintaining bodily functions. However, if neurons were to divide and be replaced in the same way, the stability of neural networks and, consequently, our continuous experience of consciousness and memory could be disrupted.

The continuous nature of our conscious experience might be underpinned by this permanence of neurons. Since the same neurons persist throughout most of our adult life, they provide a stable physiological basis for the ongoing, seamless stream of consciousness and a sense of a continuous self, despite changes in our thoughts, experiences, and environment. The fact that neurons don't typically replicate also has implications for aging and neurodegenerative diseases. As neurons are lost and not replaced, this can lead to declines in cognitive function. The permanence of neurons, therefore, is a double-edged sword, providing continuity but also making the brain vulnerable to age-related degeneration.

The non-replicative nature of neurons provides a stable physiological foundation for the continuity of our conscious experience, including our perception of time and space. This stability allows for the preservation of long-term memories and a consistent sense of self, contributing to the ongoing narrative of our lives. However, this permanence also makes the brain susceptible to age-related changes and diseases, highlighting the delicate balance maintained in neural functioning.

Stability is crucial for maintaining long-term memories and consistent personality traits, contributing to a sense of continuity in our inner life. While neurons do not divide, they exhibit neuroplasticity – the ability to form new connections and strengthen or weaken existing ones in response to learning and experiences. This plasticity allows for adaptability and learning while maintaining the overall integrity and continuity of the neural networks.

Recent experiments have observed that these microtubules can exhibit properties of what are known as *Time crystals*. A Time crystal is a phase of matter that repeats in Time, just like crystals repeat in space. But here's the twist: the microtubules in this study aren't just showing a single, repetitive pattern. They're displaying multiple rhythms simultaneously, creating a symphony of Time patterns, indicative of an anharmonic wave pattern. This is what the study refers to as polyatomic Time crystals.

To observe this phenomenon, the researchers used a mix of classical and quantum measurement techniques, capturing the dance of these Time patterns within the microtubules. What they found was fascinating – the microtubules exhibited multiple Time-symmetry-breaking events. In simpler terms, they discovered various distinct rhythms, like finding multiple, interlocking gears in a clock, each turning at its own pace yet part of a larger mechanism.

Now, why is this important? This discovery hints at a much more complex role for microtubules in brain function. It suggests that these structures might be involved in the brain's processing capabilities, influencing how we think, remember, and perhaps even how we are conscious. It opens a door to a new understanding of the brain, one where these microtubules aren't just structural elements but key players in the brain's symphony of activities.

As an engineer, artist, and scientist, you can appreciate the beauty and complexity of this finding. it is like uncovering a new layer of intricacy in a masterpiece painting, each stroke contributing to a larger, more dynamic picture. This research takes us one step closer to

understanding the profound mysteries of the human brain, where biology meets physics in a dance of Time and rhythm.

Time crystals, a phase of matter that defies traditional laws of physics by exhibiting a structure that repeats in Time, represent a paradigm shift in our understanding of matter and energy. Their discovery within the microtubules of brain neurons suggests a complex, possibly quantum, mechanism at play within the brain's cellular machinery. These structures, once thought to be mere support for cellular architecture, may hold the key to understanding the quantum underpinnings of consciousness.

The theories of consciousness proposed by Roger Penrose and Stuart Hameroff provide a framework for this exploration. Their Orchestrated Objective Reduction (Orch-OR) theory posits that consciousness arises from quantum computations within the brain's neuron microtubules, influenced by gravitational forces. This groundbreaking hypothesis suggests a bridge between the quantum world and the neurological processes underlying consciousness.

Brain as a Signal Processor

At the heart of our hypothesis lies the proposition that Time crystals in neuron microtubules are not merely structural anomalies but are central to the quantum processes that underpin consciousness. The theory that consciousness derives from deeper-level, finer-scale activities in brain neurons, particularly through quantum vibrations in microtubules, was initially controversial. However, the discovery of warm temperature quantum vibrations in these structures has provided empirical support for this view.

Current scientific evidence suggests that brain EEG rhythms could also originate from microtubule vibrations[1]. The discovery of warm temperature quantum vibrations in microtubules inside brain neurons, as researched by Anirban Bandyopadhyay's team and others, provides significant support for the Orchestrated Objective Reduction (Orch OR)[11] theory of consciousness proposed by Stuart Hameroff and Sir Roger Penrose. This theory posits that consciousness stems from quantum-level processes within neurons, specifically within microtubules, which are critical components of the cell's structural framework.

Microtubules are long, cylindrical structures in the cytoskeleton, crucial for cell division, intracellular transport, and shaping cells. In neurons, they help define axons and dendrites. These MTs are bio-electrochemical transistors, forming nonlinear electrical transmission lines. However, their electrical properties are not fully understood. The study demonstrates that brain MT bundles can spontaneously generate electrical oscillations and bursts of activity similar to action potentials. Voltage-clamped MT bundles show electrical oscillations with a fundamental frequency at 39 Hz, which represents a significant change in ionic conductance. This suggests that electrical oscillations are an intrinsic property of brain MT bundles, potentially impacting various neuronal functions and even higher brain functions like memory and consciousness.

Gravitational Waves as a Modulating Force?

Gravitational waves, ripples in spacetime created by massive astronomical events, have recently been detected.[6] We propose that gravitational waves, though weak and seemingly insignificant at the human scale, may exert a subtle yet profound influence on the quantum states within neuron microtubules. These waves could act as a modulating force, altering the quantum computations facilitated by Time crystals. This interaction *might* be crucial in the Orch-OR model, where gravitational forces are hypothesized to induce objective reductions, leading to moments of conscious awareness. The presence of Time crystals could potentially amplify or stabilize these quantum events, making the brain more sensitive to the minuscule effects of gravitational waves. Physicists have recently measured the gravitational Time warp to within one millimeter.[3]

Time Crystal Structures in Brain Neurons

The starting point of our argument is the presence of Time crystal-like structures within neuron microtubules. These structures, exhibiting a periodicity in Time, could serve as the fundamental building blocks for quantum processes in the brain. We argue that the stability and coherence provided by these Time crystals are essential for maintaining quantum states in the noisy, biological environment of the brain, enabling sustained quantum computations within a *continuous* neuronal structure permanently blocked to proliferate once they are differentiated.

These Time crystals, exhibiting a unique temporal regularity, could provide the necessary coherence and stability for quantum computations in the brain. The perpetual oscillatory nature of Time crystals might enable sustained quantum states, essential for complex processing and integration of information at the quantum level.

Biophotonic Communication and Quantum Coherence

Adding to this complex interplay is the role of biophotonic signaling – the use of light communication within the brain. This phenomenon suggests a level of neural communication and processing that transcends traditional electrical and chemical synapses. The interaction between gravitational waves, biophotonic activity, and the Time crystal dynamics within microtubules presents a tantalizing possibility: that these factors collectively might influence brain function at a fundamental level, contributing to the emergence of consciousness.

Biophotonic signaling in neurons introduces another dimension to this framework. We hypothesize that biophotons might interact with the Time crystals in microtubules, possibly aiding in the synchronization of quantum processes across different neurons. This biophotonic communication could enhance the coherence of quantum states, facilitating a more integrated and unified conscious experience. The interaction between light (biophotons) and matter (Time crystals) at the quantum level within neurons could be a fundamental

aspect of how the brain processes and integrates information, leading to conscious perception.

Towards a Unified Theory of Consciousness: Our hypothesis suggests a unified theory where consciousness emerges from a symphony of quantum processes, modulated by gravitational waves and synchronized by biophotonic signaling, all centered around the unique properties of Time crystals in neuron microtubules. This theory not only aligns with the Orch-OR model but also extends it by proposing a physical substrate – the Time crystals – for the quantum computations that underlie consciousness.

8. Conclusions

Since the only thing we as humans can agree on is the 'feeling' of being conscious, we can use that state of being as an observable datum by abstracting away all the myths, belief systems and folk ideas. What we are left with the same sensation of being, a type of dual *Chronoesthesia* we call our inner self-awareness.

This deeper connection, as a result from the *Temporal Entanglement* with T_θ, might manifest as feelings of déjà vu, foresight, or intense moments of "nowness." It could also give rise to profound spiritual experiences — feelings of interconnectedness, timelessness, or oneness with the universe. it is as if, for a moment, the individual transcends their singular point in Time and touches the vast web of existence. Many might interpret these experiences as moments of divine connection or enlightenment. Throughout history, individuals who could consistently align with this dual temporal sense we describe, might have been viewed as prophets, shamans, or spiritual leaders, able to perceive beyond the ordinary.

The sensation of *Chronoesthesia* could also provide insights into beliefs about the afterlife. If, in moments of deep connection, one feels a sense of timelessness or existence beyond their current life, not a far leap to believe in an afterlife or reincarnation. The sensation of being part of a larger, timeless tapestry could be misinterpreted as a promise of life beyond death. Leaders, recognizing the profound impact of these experiences on individuals, might have harnessed these beliefs for societal cohesion or control. By institutionalizing these experiences within religious frameworks, they could offer the promise of afterlife as a reward for loyalty or righteousness. Armies might be motivated to fight bravely if they believe in a glorious afterlife, and citizens might adhere to societal norms if they believe it ensures their place in heaven. Churches, temples, and other religious institutions could have been established as places to cultivate and experience this type of *Chronoesthesia* connection, whether through meditation, prayer, or rituals designed to align individuals with the Time wave.

Exploring Time as a thing, intelligent and in search of self-awareness leads to the unanswered question of source. We propose that this is *by design*. But who's? We propose that either we are living in a computer simulation, or Time itself must be an observer network, with each observer node entangled with its engine of awe, motivation and curiosity.

Why?

Have millenia of philosophers and scientists explained the fundamental nature of consciousness itself - why it exists or how it relates to the physical world? Not yet. This problem remains a central, unresolved issue in the philosophy of mind and cognitive science, and if the Incompleteness Theorems can be applied to a formal system of consciousness, then the nature our being must be a question with no answer, or we are not conscious.

Simulation Hypothesis states that we are most likely living in a computer simulation if we believe that human nature will eventually create simulated consciousness and continue to do so. In this framework, these rules and eigenstates are pre-calculated. Certainly the computer science community it headed in that direction. Simulation Hypothesis proposes solutions to the 'why', 'how' and in the case of ancestral simulations, 'who' created the simulated environment we 'most likely' live in. But it *escalates* the question of 'when' and 'where' it began. There is however substantial speculation that though we might create stunning facsimiles of humans and call them 'posthuman', how would we ever know if the simulated beings were truly conscious or simulated in such a way to fool us?

The duality of Time (T_γ and T_θ) hints at multiple layers or dimensions of reality. If Time can have such intricate layers, then our perception of reality might also be multi-faceted. This idea aligns with the concept of simulations within simulations, as proposed by Bostrom.

If we accept the notion of T_γ (our perceivable timeline) and T_θ (a realm of endless possibilities), it could be argued that simulations operate within T_θ. Each simulation represents a different possibility or pathway within the vast scope of T_θ.

We assume here that Time must be evolving, or else the cycle of self-awareness would be unnecessary. Even if Time as a conscious being has a lifespan, we would never know it at the frequency scale we are relatively frozen in. Our mathematical and logical systems, as profound as they are, can never fully encapsulate the entirety of Time's essence as T_θ is exponentially faster than human cognition.

If the future exists as eigenstates, its the same as saying there are choices. There is evidence that consciousness happens at a sub-conscious level and we become 'aware' of it a half second later.[4] We could say 'we' are subconsciously making choices moving forward, only to realize it later, or our awareness stems from deeper cosmological roots. In any case, there is a 'remote' aspect to consciousness if Time itself is a conscious being.

Harmonizing T_γ within T_θ might provide the same dual-nature within the human observer, *essentially* a lensed position of Time's own multi-harmonic nature. Most likely, in this framework this transmission of Quantum data might be in the form of fine grained gravitational waves and biophotonic signaling within the microtubules in our brains.

Existential Ramifications of Time Consciousness

This is a metaphysical proposition suggesting that Time (and the slow universe we experience) has intrinsic goals or purposes.

Our lives, choices, and the flow of events could be part of a grander narrative of this living entity. In the context of a Theory of Everything, this concept might suggest that any comprehensive understanding of the universe must account for the complex recursive relationship between Time and consciousness.

With Time as a conscious and high speed entity, a waveform of order and beauty, its essense becomes a universal signal of standing possibilities. Our quest for understanding as a reflection of the Time's quest to understand itself - poses a paradox in its definition. Our consciousness, more than an incidental phenomenon, is an essential facet of Time, allowing the cosmos to experience its narrative through sentient experiences. Sentient beings are seen as manifestations of Time, with each individual acting as a unique lens through which Time perceives and experiences the universe.

Gödel's theorems raise philosophical questions about the nature of truth and understanding, suggesting that our understanding of ourselves and the universe is fundamentally incomplete - provided our minds were a formal system.

Time exists as foundational code or "axioms of observation", expressed and formulated by complex systems operating under the Rules of Inference delivered by DNA. To simply argue whether the brain is or is not a formal system obscures the actual dynamic effect caused between Time and the brain. DNA can be thought of as the foundational code or "axioms" for an organism. It contains the information required to build and operate the organism. In this sense, it's akin to the basic assumptions or starting points in a formal system. But the human brain isn't just an organ; it begins with complex and sophisticated rules of inference while tuned to Time itself. As we observe the universe, we aren't just witnessing reality; we're experiencing a slowed-down rendition of Time, its pace dictated by the viscid forces of gravity.

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Appendix A. Advanced Experimental Proposals

These experimental proposisition are both irony and elegance, embodied as a full-frontal acknowledgment of the challenges posed by Gödel's theorems and the audacious nature of the proposed research. In the shadow of Gödel's Incompleteness Theorems, the irony of using experimental processes to validate the very constructs they are designed to measure is not lost on us. Yet, herein lies a tantalizing realm of exploration, intertwining gravity, time, and consciousness. We propose a series of experiments anchored in the hypothesis:

"Neurons in the human brain, particularly through the structures of microtubules, are capable of detecting and responding to extremely subtle gravitational fluctuations, possibly using biophotonic signaling mechanisms."

We start by considering the presense of Time crystal-like structures in neuron microtubules. These periodic, time-defying constructs could be the quantum bedrock of the brain, offering stability and coherence in an otherwise chaotic biological landscape, enabling sustained quantum computations.

Next, we consider the realm of gravitational waves. Subtle, yet profound at the quantum scale, their interaction with Time crystals could be the linchpin in the collapse of quantum wave functions, influencing the tapestry of consciousness.

Our third interest is in biophotonic signaling. We propose that these light particles synchronize quantum processes across neurons, facilitated by the interplay with Time crystals. This orchestration could be the cornerstone of unified conscious experiences, crafting a continuous self-identity.

Thus, our hypothesis posits a unique quantum neural milieu, a symphony of coherent computations, gravitational nuances, and synchronized communication, potentially the very essence of consciousness.

Experimental Proposals

These experiments outline the use of an theoretical handheld gravitational source, similar to Hawking element[2] to investigate the effects of gravity on consciousness and brain activity. The experiments are divided into two main categories: Space-Based and Land-Based Experiments.

The theory of superluminal relativity and its implications for elements with atomic numbers up to Z = 145, suggests the possibility that some of these elements might exhibit anti-gravity properties. Their analysis indicates the existence of curved space-time around and within atomic nuclei, revealing both gravitic and anti-gravitic properties. The study categorizes elements into two groups based on their atomic numbers: those less than 64 and those between 63 and 145, each demonstrating unique gravitational characteristics. Notably, the element with an atomic number of 145, proposed to be named "Hawking" in

honor of Stephen W. Hawking, is theorized to possess exclusively anti-gravity properties in its nucleus.[2]

Space-Based Experiments

- **Objective:** To investigate how consciousness interacts with varied gravitational fields in a microgravity environment.
- **Methods:** Utilizing the gravitational source aboard a space station to simulate different gravitational conditions.
- **Equipment:** Advanced sensors and quantum detectors, such as SQUIDs and Photomultiplier Tubes (PMTs), are used to measure biophoton emissions and changes in neural activity.

Land-Based Experiments

- **Objective:** To examine the effects of locally altered gravitational fields on consciousness and brain activity.
- **Methods:** Employing the amplified gravitational source to create controlled gravitational environments within a laboratory setting.
- **Safety Protocols:** Continuous monitoring and assessment protocols are in place to ensure participant safety and study the biological effects of altered gravity.
- Advanced imaging techniques like fMRI and PET scans will be used for observing changes in brain activity.
- Machine learning algorithms will analyze complex patterns in the collected data to find correlations between gravitational changes and shifts in consciousness.

Time Crystal Structure Analysis in Microtubules

- **Objective:** To study how 'Time crystal' structures within brain neuron microtubules react to changes in gravitational forces.
- **Method:** Applying varying gravitational forces using the handheld source to microtubules and observing the resulting changes in their Time crystal patterns.
- **Equipment:** Laser Scanning Confocal Microscopy and advanced quantum optics instruments for detailed analysis.

Bridging Theoretical Concepts with Practical Observation

- Application of Theoretical Models: The experiments are designed to test and validate the theoretical models proposed in the white paper, such as the effect

of gravity on time perception and consciousness. By creating controlled environments where gravitational forces can be manipulated, the experiments seek to observe changes in consciousness and time perception in real-time.

- Measuring Consciousness in Varied Gravitational Fields: This involves using advanced neuroimaging and quantum detection technologies to capture changes in brain activity and biophoton emissions under different gravitational conditions. The goal is to find empirical evidence supporting the theory that gravity affects consciousness and time perception.

Exploring the Interplay Between Quantum Mechanics and Neurobiology

- **Quantum Processes in Neurons:** Investigating the potential existence and behavior of 'Time crystals' in neuron microtubules under different gravitational forces. This can shed light on how quantum processes in the brain contribute to consciousness.

- **Gravitational Influence on Quantum States:** By altering gravity's strength, the experiments can observe how quantum states within the brain's neurons respond. This is crucial for understanding if consciousness has a quantum basis and how it is affected by external physical forces.

Summary

By subjecting participants to varying gravitational fields, the study can observe shifts in consciousness, providing insights into its fluid nature and how it's influenced by physical phenomena. This could reveal new aspects of how the human brain perceives and processes the concept of time and its experience of reality, potentially leading to a deeper understanding of the conscious experience. Utilizing a lensed gravitational source in neuroscience is a novel approach, potentially introducing a new paradigm in brain research. While employing cutting-edge technology like fMRI, PET scans, and quantum optics instruments for detailed observation and analysis of brain activity under altered gravitational fields - we can *start* to explore these audacious and yet compelling ideas. Using sophisticated machine learning algorithms to analyze the complex data sets generated by these experiments, which could uncover patterns and correlations that are not immediately apparent.

Overall, these experimental setups are ambitious and groundbreaking, aiming to connect advanced theoretical concepts with empirical evidence. They represent a significant step forward in the quest to understand the deep and complex relationship between consciousness, time, and the fundamental forces of the universe, particularly gravity. The experiments could potentially open up new avenues of research in quantum neurobiology and the study of consciousness, offering profound implications for our understanding of the human mind and the nature of reality itself.

All refs. [2, 23, 10, 3, 4, 5, 6, 7, 8, 9, 12, 13, 11, 14, 15, 16, 17, 19, 27, 20, 21, 22, 24, 1, 18, 25, 26, 28, 29, 30, 31, 32]